

Ash Wednesday, March 5, 2014



Here: Opening to the Presence of God

During this series we will experience these practices in worship. We also encourage you to take them home and give them another try at least one more time during the week.

Reflection Activity:

Here I am, Lord.

Where are you? Physically? Emotionally? Mentally? Spiritually?

And here you are, Lord.

Describe your experience of or feelings about God at this moment. How would you name God today?

Here we are together.

How would you describe your togetherness with God?

Body Prayer:

Hold your palms open and facing down,
saying, "I am here in this place, now."

Then turn them upward,
saying, "I am here in this place, open to you, God."