

Sunday, December 14, 2014



... is joy

How to use Talk It Over:

Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.

Key Questions:

- Where are the sources of joy in your life these days? What is that joy dependent upon?
- By this time in the holiday season, joy is often running low as lives get busy and demands seem higher. Today, try sitting down for 5 minutes and make a list of all the blessings God has provided for you this past month. Let joy come into your heart as you think about and thank God for these!
- How does joy differ from happiness? What 1-2 things could you do this week that could help center your heart in the true joy that comes from God?

Reading for this week:

Monday: Psalm 5:11-12

Tuesday: Psalm 65

Wednesday: Jeremiah 15:16

Thursday: Psalm 30:10-12

Friday: John 15:10-12