

Sunday, December 21, 2014



... is peace

How to use Talk It Over:

Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.

Key Questions:

- Where in your life do you need God's peace?

- What might it feel like/be like if God's peace were to enter into those places?

- In the midst of the busiest part of your week, take a few moments to stop and breathe deeply ... reminding yourself of God's love for you. Let that love seep into you and be your source of peace in the midst of life today.

Reading for this week:

Monday: Isaiah 9:5-7

Tuesday: Luke 1:68-79

Wednesday: Psalm 4:7-8

Thursday: Isaiah 26:2-4

Friday: James 3:17-18