

Sunday, February 8, 2015



## ... Cross Moments

### How to use Talk It Over:

Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.

### Key Questions:

- In your life, have you endured suffering? What has it looked and felt like for you?
- In times of suffering who do you turn to? Or who could you turn to?
- In times of suffering it is hard to see past the suffering. If you are in a place like that today – try lifting your head and notice the beauty around you. Breathe in the presence of God and be reminded that even when you suffer God is still with you.

### Reading for this week:

**Monday:** Psalm 40:1-3, 16-17

**Tuesday:** 2 Samuel 22:2-4

**Wednesday:** Psalm 27:1-3

**Thursday:** James 5:10-11

**Friday:** Psalm 63:1-8