

Sunday, September 6, 2015



How to use Talk It Over:

Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.

Key Questions:

- Take a look at your schedule for the coming months. Are there any times where you get to simply be - where you can drink in the presence of God? If not, what keeps you from making this kind of time?

- If you struggle to find time to intentionally breathe in the presence of God, to slow the pace of your life for even 20 minutes ... take stock and see if you can identify why you choose to keep so busy. There are lots of factors, but we still always get a choice. So, what keeps you from time that refreshes your soul? How could you change that?

Reading for this week:

Monday: Psalm 23

Tuesday: Jeremiah 6:15-17

Wednesday: Psalm 46:8-11

Thursday: Matthew 11:28-29

Friday: Mark 6:30-32