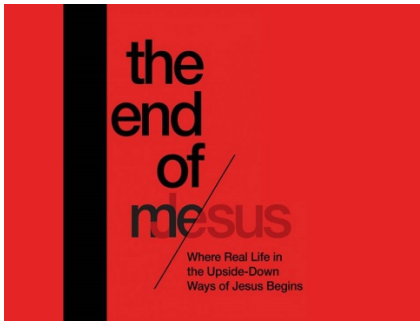


Sunday, March 6, 2016



Mourn to Be Happy

How to use Talk It Over:

Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.

Key Questions:

- When in your life have you experienced mourning? How would you describe the blessing from it?

- If it's hard to see the blessing from mourning right now, how might you embrace the pain?

- Re-read the scripture text from the message (Psalm 30:4-5, 11-12). Read it each day as a reminder of God's faithfulness in the midst of life.

Reading for this week:

Monday: Romans 12:9-15

Tuesday: 2 Corinthians 6:3-10

Wednesday: Isaiah 35:9-10

Thursday: Colossians 3:15-17

Friday: Zephaniah 3:12-17