

**Sunday, August 28, 2016**



## **Heart of a Champion**

### **How to use Talk It Over:**

*Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.*

### **Key Questions:**

- What failures have you experienced through which you have allowed yourself to become convinced you aren't "gold medal" material for Jesus?
- What behavior(s) or attitude(s) trip you up the most and keep you from being a champion? What might you do to combat them?
- Pray today for Jesus to give you the strength and character to keep following him - to keep moving in his direction and to not let the obstacles keep you from running the race with great joy.

### **Reading for this week:**

**Monday:** Colossians 2:6-8

**Tuesday:** 2 Peter 1:2-4

**Wednesday:** Romans 12:1-2

**Thursday:** Ephesians 1:16-18

**Friday:** Romans 12:9-13