

Sunday, September 16, 2018



## THANKS!

### How to use Talk It Over:

Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.

### Key Questions:

- For what are you thankful? Take 5 minutes (yes, 5 whole minutes!) and list everything you can think of that you are thankful for.
- Consider what is hard to be thankful for in your life. What could you possibly learn from these places?
- Re-read Colossians 3:14-17...read it each day this week and think how if you lived these verses, how it might change your life.

### Reading for this week:

**Monday:** 1 Thessalonians 5:16-17

**Tuesday:** Ephesians 5:15-20

**Wednesday:** Psalm 100:1-5

**Thursday:** Philippians 4:4-7

**Friday:** Psalm 9:1-2