

**Sunday, March 10, 2019**



## **Messy Lives**

### **How to use Talk It Over:**

*Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.*

### **Key Questions:**

- When you think of a “messy life,” what does it look like to you? Would you say your life is messy?
- Even when we try to be neat and tidy with our lives - stuff happens. How do you handle life when messy comes to visit?
- Re-read the text in the bulletin today (Ephesians 4:29-32). How might living into that text help us with the messiness of life?

### **Reading for this week:**

**Monday:** Psalm 55:22

**Tuesday:** Matthew 11:28-30

**Wednesday:** Psalm 146:1-3

**Thursday:** Philippians 1:9-11

**Friday:** 1 Corinthians 16:13-14