

Sunday, June 30, 2019



## Who Me?

### How to use Talk It Over:

Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.

### Key Questions:

- Have you ever thought of yourself as not good enough? When do those feelings arise for you? What “voices” do you hear telling you this?
- What might change for you if you believe God’s promise that you are exactly who and what he needs to reach people with God’s love?
- This week - each time you start feeling less than adequate - try reminding yourself - as a child of God you are enough. See how it impacts your feelings about yourself!

### Reading for this week:

**Monday:** John 13:34-36

**Tuesday:** Ephesians 1:3-6

**Wednesday:** John 8:31-32

**Thursday:** Ephesians 2:8-10

**Friday:** John 15:12-17