

**Sunday, January 26, 2020**



## **The Big Question**

### **How to use Talk It Over:**

*Talking through the message during the week helps you turn what God is saying to you into action steps. Begin with the key questions and then wrap up by deciding on your next steps. You can use this study guide with your small group, your family, or on your own.*

### **Key Questions:**

- What are some barriers you've encountered in your life (*physical, ageism, sexism, lack of education, time constraints, emotions, etc.*)? What barriers have you put up in your life – to keep you safe, to protect you (*emotional, physical, etc.*)?
- Have there been times you've felt "in the dark"? What happened? How did you feel? Have there been times when you felt far from God? What was happening? What barriers did it feel like were present?
- This week, try choosing to believe God is with you no matter what, no matter where you are. Choose to believe God is present with you, and then choose to live in shining light instead of dwelling in darkness. See how it changes your perspective.

### **Reading for this week:**

**Monday:** Genesis 1:3-4

**Thursday:** Acts 26:18

**Tuesday:** Psalm 112:4

**Friday:** 1 John 1:5-7

**Wednesday:** John 1:4-5